

The Letter from Masaaki Fukushima (stay in 2-Sep ~ 11-Oct, 2019)

* What is your studying area?

I am a sixth year medical student, and I hail from the distant lands of Otago, New Zealand.

At this point in my training, my interests are still broad. I was fortunate enough to join the emergency and obs&gynae team at Nara.

* Why choose our University or Hospital?

I picked Nara to complement the other part of my elective where I spent time in Tokyo. I was interested in learning about different levels of healthcare in Japan and what challenges there might be in each unique circumstances.

* How is your studying circumstances?

In the emergency department, I spent a lot of time with the team when acute calls would come in. They were often either brought in by ambulance or helicopter. The department almost exclusively saw very critical cases, so it was very interesting to follow them on their rapid assessment and management of these patients.

With the obstetric and gynaecological department, my time was split between theatre, outpatients, and the ward. In outpatients, expecting mothers are seen and checked up on to ensure a safe birth for the baby. In theatre, I was able to observe both gynaecological operations and caesarian births. In the ward, the day-to-day cares of mothers close to labour or immediately after were being carried out. I thoroughly enjoyed being able to observe the progression that mothers go through to bring new life into their own world.

*** What is the impression of Japan, Nara Pref.?**

Nara, and Kashihara specifically, is a very "comfy" place. Nara certainly has a background of great historical significance, but appears to have settled into a happy medium between "bustling city" and "calm countryside". There's plenty to see in Nara itself, but if one decides they want a little variety, the other city centres aren't too far away.



***Have you been staying at our Guest House?**

Yes · No

*** Please give a message for the coming Students in future !!**

All the doctors here are wonderful and are an absolute delight to work with. I can only suggest that you feel free to discuss anything that comes to mind!